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Appendix E: Healthcare Practitioner-Reported Reduction of Pain Medication E-1

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Note: Word choice and spellings have been retained as written by respondent to avoid inadvertent mischaracterization of intent.

The Healthcare Practitioner Survey sent to all healthcare practitioners who certify patients for intractable pain asks them to report whether the patient has been able to reduce their dosage or eliminate any pain medications as a result of using medical cannabis. If they answer “yes,” they are prompted to describe the change in pain medications. A compilation of all submitted responses for intractable pain patients enrolled from August 1-December 31, 2016 is included here.

- Opioid pain reliever dose did not need to be increase d/t medical cannabis
- Tapered off of Vicodin 5-325 TID down to once daily- still working towards getting off opiates all together
- same dose fentanyl , decrease oxycodone 3 to 1 tab
- Dose of MS Contin 90 mg tid and he is trying to wean by 30mg daily
- Discontinued gabapentin. 2 tablets TID - 300 mg caps
- off of lyrica, oxycontin as break through pain, and cut dosage of clonazepam in half
- Reduced dosage of Oxycodone
- Less pain medication some days and reduced the amount of Gabapentin she uses daily
- Patient is no longer taking ibuprofen.
- OXYCODONE DECREASED
- d/c Vicodin, RX strength ibuprofen, orphenadrine
- did decrease morphine and oxycodone
- No narcotics have been prescribed and he is rarely using ibuprofen.
- off Klonopin and Zofran, almost off Maxalt
- Was able to discontinue Nsaids, flexeril, and vicodin
- Originally taking MS Contin 45mg BID and hydrocodone 10/325 2 tablets TID (6 per day), now currently taking MS Contin 15mg BID and hydrocodone 10/325 TID (3 per day).
- initially oxycodone 10mg 5 tablets per day, now oxycodone 7.5mg 4 times per day.
- Patient is off of Gabapentin
- discontinued Vicodin 5-325 mg 2 Q6H, flexiril 10 mg QID, and cyclobenzaprine 5 mg QID
- discontinued methadone!
- Eliminated Fentanyl
- eliminated lisinopril and reduced norco in half since use of cannabis
- Decrease in Fentanyl patches
- Discontinued Percocet 5mg/325mg

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- off narcotics
- No longer on any medications. Was taking OTC medications for sleep as well.
- reduced oxycodone
- Has stopped taking Hydrocodone 7.5-325 mg
- hydrocodone decreased from 10mg to 5mg
- eliminate diazepam, cut immediate release morphine by 2/3
- stopped opiates
- No longer using oxycontin
- Patient completely stopped taking Oxycodone
- able to discontinue Cymbalta, slightly decrease tramadol
- no longer on pain medications. decrease in trazadone and lorazepam
- no longer takes- Oxycodone Q4H, hydromorphone BID
- hydrocodone 5/325 1 a day as needed
- 25% reduction of hydrocodone need
- reduction in MS-Contin
- Eliminated codeine
- Discontinued Percocet
- hydrocodone 5-325 mg BID- down to one daily
- Does not take ibuprofen 800 mg tablets anymore for his pain.
- Do not take any medications anymore; aspirin, tylenol, etc.
- oral pain meds
- Transitioned completely off Tramadol ER and IR.
- Patient does not take percocet and flexerol anymore.
- Tylenol-
- discontinued percocet, hydrocodone, and patches.
- Reduced hydrocodone from 4 times a day to BID
- Lyrica decreased from 150 mg TID to 100 mg TID
- Decreased methadone
- Stopped taking flexeril ibuprofen altogether
- Previously taking Oxycontin 40 mg TID and Vicodin 20 mg daily- No longer takes either medication
- Patient's total oxycodone use fell from 210mg/day to 120mg /day. We also stopped his anti-anxiety med Alprazolom 2mg ER twice per day. Now he is on no anti-anxiety med
- hydromorphone
- Discontinued Percocet 5-325 mg and Gabapentin
- reduced opioid by small amount
- discontinued oxycontin, reduced oxycodone
- hydrocodone continued
- decreased Percocet
- decrease oxycodone 95 to 40 mg day
- oxycodone no longer using daily until recent hip fracture
- GABAPENTIN DECREASED

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- less opioids
- Decrease in his MS contin - now using noon dose prn
- decreased Norco and Tramadol
- Had some relief but did not tolerate side effects
- less use of narcotics
- able to titrate oxycodone off
- decrease in opioid use
- meds rx by pain clinic, but using fewer narcotics
- has cut current opiate medications in half.
- oxycodone 10mg 6 per day, gabapentin 600mg TID, baclofen 20mg TID --- currently taking percocet 5/325 TID (max 3 per day), gabapentin and baclofen DCd
- less need of Maxalt
- Was able to decrease in Naproxen
- Patient completely stopped taking Gabapentin
- stopped gabapentin.
- Stopped Lyrica
- Patient has decreased her intake of Tylenol greatly.
- predisone dose halved
- Hydrocodone has been discontinued
- Decrease in Ultram use.
- decreased opioid use
- Tramadol and Aleve
- Reduced Percoset from 6 to 3 a day
- stopped all opiates
- Discontinued all pain medications
- MS Contin initially 30mg BID & Percocet 7.5/325 about 4-6 tabs per day. Now has weaned completely off of MS Contin. Continues with Percocet, same dosing.
- Discontinued Vicodin 5/325 1-2 tabs at HS
- Patient has reduced intake of Vicodin and ibuprofen
- discontinued all medication besides cannabis
- Patient used to take oxycodone, now he only takes it PRN.
- during time on cannabis, was able to go off oxycodone (continued her butrans patch)
- Off hydrocodone and 800 mg advil TID
- was using mainly otc drugs, but using fewer
- discontinued flexeril. Oxycondone 5 mg for break through pain. Oxycontin 20 mg BID, and then tapered. Tramadol 4 tablets daily, cannot recall the dosage. 800 mg gabapentin
- gabapentin 300 mg 3 TID down to 1 cap BID, reduced motropolol
- stopped Valium
- decrease in percocet - using only PRN
- Tramadol reduced to PRN
- Has decreased oxycodone from 10mg QID to 5 mg TID since starting medical cannabis.
- No longer on any pain medications. Oxycodone.

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- amitriptyline discontinued, decreased gabapentin from 300mg TID to 100mg BID
- No longer taking opiates- Methadone, Morphine, Oxycodone
- Tizanidine reduced by two thirds
- Stopped use of hydrocodone product, reduced use of otc nsaid
- Percocet use reduced slightly
- Percocet decreased from 6x daily to 3x daily
- less ibuprofen
- decreased and eliminated narcotics
- Patient has drastically decreased intake of Tylenol and Alleve. Still takes them when needed.
- discontinued vicodin and muscle relaxant medications
- Tramadol and Flexeril dose reduction about 90%
- Stopped oxycodone, naproxen, testosterone
- Tramadol 100 mg decreased from QID to TID
- Greatly reduced amount of Tylenol taken daily
- Patient reports she rarely has to take a percocet
- off xanax, much less sumatriptan, off opiates
- Stopped all pain meds: vicodin and naprosyn
- Patient has significantly reduced Percocet dosage
- came down on his oxycodone but then stopped medical cannabis because it wasn't enough to cover his pain
- Eliminated gabapentin 600 mg cap 6/day.
- went down from taking percocet 5-325 BID to only as needed- has made 60 pills last for 3 months
- MS Contin 15mg bid to no MS Contin
- Discontinued Naproxen
- less narcotics
- eliminated gabapentin
- decreased oxycodone
- Eliminated gabapentin, 800 mg tablets, 2 tablets TID, when he was on cannabis but is not back on it.
- oxycodone 5 mg- has cut down- does not want to give me this information over the phone.
- He has decreased the Oxycontin by 2 of the 60mg tablets.
- hydrocodone 7.5/325 TID, now 5/325 TID
- Stopped taking Oxycodone completely
- no longer taking oxycodone 5 mg 2 Q6H, currently tapering off of Gabapentin 1600 mg daily
- Cannabis has helped reduce gabapentin 300 mg cap to 4 tablets instead of her 9 per day. Baclofen has been eliminated for her spasms.
- Now off seroquel, mirtazapine, paxil, xanax, and allopurinol
- tramadol use reduced to almost none
- Pain medication, tapered on. Advil as needed has been discontinued because pain is in control

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- Only taking Percocet once daily
- able to discontinue narcotic pain medications
- Reduction of clonazepam
- Klonopin and Vicodin doses reduced 75%
- decreasing opioids
- Hydrocodone 5-300 tablets tid, qty 90 for 30 days has been eliminated
- Off almost all tylenol, naproxen, ibuprofen.
- hydrocodone 5/325 4/day, completely off now.
- Discontinued oxycodone
- Not able to reduce pain medications of oxycodone and oxycontin secondary to inability to afford medical cannabis on a daily basis
- on a minimum of opiates now Tylenol #4 only at 1-2/day
- patient has been able to stop ibuprofen
- Reduced lorazepam and pain medication
- I was able to essentially wean the patient off of hydrocodone.
- Patient completely stopped taking Excedrin
- oxycodone 5mg q6h PRN -- now completely off
- Patient has stopped Baclofen
- Off venlafaxine because no longer depressed
- only rare oxycodone down from frequent use
- discontinued Vicodin 5-325 mg BID
- stopped oxycodone
- Reduction in opioid pain relievers
- Yes, she was able to stop fentanyl patch the hospital had started.
- Percocet, Vicoden, Norco
- Pt using breakthrough meds less
- Maxalt use down from 5 to 1 a month. Butalbital use down from 2 to 1 a month
- Discontinued all opiate use
- Eliminated Valium and ibuprofen
- reduced oxycodone
- Patient completely stopped taking Vicodin, promethazine, robaxin, verapamil, and decreased dosage of carbamazepine and topiramate
- Patient was able to successfully taper off of oxycodone 10 mg MAX 4-5/day
- came off long acting, reducing percocet
- Vicodin and muscle relaxants were used as needed but he no longer uses.
- no decrease in oxycodone, has decreased muscle relaxants
- was able to switch from oxycodone to hydrocodone (less potency)
- stopped trazodone
- no opiates and decreased naprosyn
- Oxy 10 mg qd. now only as needed for knee pain.
- oxycodone use down from 100mg/d to 50mg/d
- Oxycodone decreased from 50/month to 12/month, Methadone 2mg BID has not decreased dosage.

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- Discontinued tylenol/ibuprofen
- hydroxyzine less
- Taking less narcotics - percocet
- Eliminated Vicodin
- off narcotics
- stopped taking hydrocodone
- vicodin went from daily to 2-3 time a week, tramadol went from 4 a day down to 1 daily
- Oxycodone 10 mg tid. One month supply lasting now 6 weeks.
- hydrocodone 10/325 max 5 tabs per day down to 7.5/325 5 per day.
- decrease morphine tid to bid, oxycodone 4 to 2-3 a day
- Aleve - discontinued; diphenhydramine - discontinued;
- Taking tramadol 1x per week now
- hydrocodone use down by about 50%
- stopped oxycodone
- gabapentin was stopped
- No longer takes Trazadone nightly,
- Taking no narcotic pain medications now
- reduced Vicodin from 5-325 mg QID to once a day
- Weaned off hydrocodone/APAP 10/325 mg 3 times a day; methadone 5 mg 1 b.i.d., 2 at bedtime for pain.
- discontinued oxycontin 15 mg QID, gone down to tramadol TID from Q4H
- Discontinued tegretol 200 mg, took 6 per day.
- Pt stopped cyclobenzaprine, meloxicam and tramadol. Off all pain meds except cannabis
- Hydrocodone-acet 5-325 mg Q4H- eliminated
- reduced lyrica by 25%
- Stopped taking percocet, vicodin, and hydrocodone completely
- stopped suboxone
- decreased opioid use
- Taking almost no indomethacin
- Off long acting oxycodone, but oxycodone unchanged
- stopped hydrocodone, ketorolac, tramadol, gabapentin
- stopped tylenol
- Off Oxydocone 15 mg, off Methadone 15 mg
- stopped gabapentin
- none
- Decreased use in Vicodin
- pt states that his PEG scale decreases from an 8 to a 1 when he can afford his cannabis,
- off naratriptan
- Pt is taking 1-2 less of his oxycodone per pday on occasion
- able to discontinue tramadol and cyclobenzaprine

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- Off opioids and antihistamines
- Norco 7.5 mg-325 mg MAX 6/day to Norco 7.5 mg-325 mg MAX 4/day
- Reduced dosage on suboxone by 2mg
- Patient stopped taking Oxycodone
- Discontinued Tylenol, 8 tablets within 48 hours.
- Less pain medications
- oxycontin 20mg BID, oxycodone 10mg 4/ days; now oxycontin 15mg BID, oxycodone 10mg 4/day
- Decrease in cymbalta
- elimination of opioids- was on ~20mg of oxycodone/day
- stopped Norco, Ativan. Much less migraines, so Fioricet stopped when on cannabis.
- Reduction in long acting morphine
- No longer on percocet medication anymore
- No longer taking ibuprofen and tylenol, she stated she was on some high dosage
- reduction of use of imitrex and vicodin 40%
- reduced hydrocodone
- hydrocodone 10/325 TID, now using none. Aleve -- no longer using.
- Off of oxycodone and narcotics, only taking tylenol for pain now.
- Decreasing oxycodone
- none
- Eliminated over 560 pills a month- have a copy of all the medications on file at our office
- Reduced dosage of Tramadol
- Patient has stopped taking Tramadol Lyrica and amitriptyline
- Stopped Narco, reduced ibuprofen and lorazepam to infrequent prn
- Reduced morphine from 9 times a day to 6 times a day
- stopped NSAIDs
- was taking OTC medications to assist with his pain relief but is no longer using anything but cannabis.
- MS Contin 30mg BID down to MS Contin 15 mg BID. Continues with hydrocodone/APAP 10/325 max 4 per day which is unchanged.
- decreasing opioids
- Now taking narcotics only prn. Not scheduled .
- Off xanax, clonopin, mirtazapine, quetiapine, and paxil
- stopped fentanyl, oxycodone, tizanidine
- off antidepressants. Ibuprofen amount reduced over 50%
- decreased use of norco
- Off of opiates now; 10mg oxycodone and trying to taper on lyrica
- decreased use of opioids initially including dilaudid and fentanyl; still requiring Percocet PRN
- Fentanyl, Norco, Flexeril eliminated
- Off percocet and naorco, less sleep meds

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- stopped hydrocodone which was being used 2-3 daily, 5/325. currently entirely off opiates
- Previously taking OxyContin 30mg BID and oxycodone 30mg QID, now currently taking oxycodone 25mg QID
- reduced oxycodone by half
- Reduced medication for his migraine medication; Gabapentin and diclofenic
- Lower dose of pregabalin
- Has been able to reduce on Oxycodone from 30 mg daily to 10 mg daily now.
- Decreased morphine short acting
- Did not tolerate weaning down of opioids
- 50% decrease in Oxycodone
- eliminated Gabapentin 400 mg tablets TID
- Oxycodone dose and frequency
- fentanyl patch 25 mcg, able to DC. Intermittent Tramadol.
- stopped hydrocodone
- Using less Oxycodone most days
- Hydromorphone 2mg, Tramadol 50mg stopped taking both completely
- decreased dosaging of pain medications
- stopped antidepressants
- discontinued oxycontin 20 mg QID
- decreased tramadol
- Patient reduced hydrocodone by half
- Switched from oxy to MS, unclear if less
- Tramadol 30 mg as needed, but no longer taking unless she has severe pain
- He has been switched to oxycodone, he has not felt the need to use medical cannabis. He complains about its high cost
- decreased Norco & Tramadol
- no further RX for oxycodone or tramadol
- Eliminated Vicodin, hydrocodone, flexeril
- reduced meloxicam use
- tramadol and gabapentin intake has been decreased.
- Percocet decreased by quantity 1/3
- Discontinued Oxycontin
- reduced gabapentin and 500mg aleve
- Patient has stopped all opiate use
- All narcotic pain medications have been discontinued
- Nerve blocks for headache and other medication for stomach pain
- weaning off of Fentanyl patch is active
- reduced hydrocodone usage
- tapering lamictal
- reduced oxycodone 15mg from 3 to 1 a day, reduced sertraline from 100 to 50 a day
- Gabapentin was taken only as needed. Usually takes 600 mg bid and 900 bedtime.
- Almost no use of prn hydromorphone

APPENDIX E: HEALTHCARE PRACTITIONER-REPORTED REDUCTION OF PAIN
MEDICATION

- discontinued tramadol and lyrica and other muscle relaxants
- stopped narcotics
- STOPPED ALEVE
- off oxycodone
- reduced oxycodone from 3 pills a day to 2
- ibuprofen and humira
- Completely stopped taking ibuprofen
- Reduced dosage of naproxen
- stopped Adderal
- decreased use of ibuprofen, tylenol, aleve
- no need for narcotics
- far fewer narcotics
- switched from naproxen to celebrex
- Reduced consumption of pain medications
- Able to decr morphine sulfate from 30 mg TID to 30 BID
- Reduced hydromorphone 8 mg which was previously used sparingly
- less oxycontin-from BID to BIW and downward
- Hydrocodone reduced from 150 per month down to 20
- At last visit, mother report d/c cannabis as felt made anxiety worse
- reduced tramadol
- Methadone 20mg TID, Percocet 10/325 q4h (was taking regularly); now taking Methadone 10mg TID, Percocet 7.5/325 q4h (6 per day)
- tramadol reduced from 8 to 5 pills a day
- Decrease in gabapentin and opioids
- Decrease in scheduled medications
- decrease gabapentin dosing
- reduced excedrin migraine
- No longer on oxycodone or soma
- MS Contin 15mg BID, Percocet 10/326 q6h PRN (took pretty regularly) -- now completely weaned off of both. Takes 1/2 Percocet on rare occasion now.
- Discontinued Percocet for 4 months
- down to 1 or 2 tramadol tabs for flareups
- Percocet - reduced to only as needed so he does not take anymore unless he needs to
- Tapering off Oxycodone
- no longer taking Vicodin
- Decrease in Oxycontin -
- hydrocodone 10/325 4 tablets per day, now takes hydrocodone 5/325 very rarely (maybe 1 tablet every few weeks).
- PCP note indicated deceased oxycodone and muscle relaxant
- reduced alprazolam
- Eliminated effexor and lyrica for her nerve pain. Lyrica 150 bid and effexor 75 mg bid.
- decreased amount of opiates necessary
- Essentially off prednisone

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MEDICATION

- decrease fentanyl dose
- Dilaudid 2 mg 4/day to Dilaudid 2 mg up to 2/day, 15 tablets provided for 30 days
- decrease oxycodone 5 mg eight a day to six a day
- decrease oxycodone about 20 % though had recent surgery
- Stopped taking oxycodone and hydrocodone completely
- oxycodone 5 mg - tid now down to 1-2 daily prn
- not taking as much Ativan (which I do not prescribe to her, so I don't know what she was taking before compared to now)
- Lyrica stopped taking completely, Tizanidine reduced dosage significantly
- stopped amitriptylline and methotrexate (!!! taken for years for RA)